

# **DeKalb Park District Youth Basketball**

## **3<sup>rd</sup>/4<sup>th</sup> Grade League Rules**

- Games will consist of two (12) minute halves. Halftime will be (3) minutes long.
- Each team will have (2) time-outs per half. Time-outs will not carry over to the second half.
- The clock will stop for all whistles.
- One and one foul shooting will be in effect on the 7<sup>th</sup> team foul.
- Each player will be allowed (5) fouls. If a player fouls out, leaving his/her team with only (4) players, that player may re-enter the game. If that player commits any further fouls, the opposing team will shoot (2) free throws regardless of the type of foul. Only the last player to foul out may re-enter.
- A full court press is not allowed at any time during the game. Players must “fall back” to the mid-court line following a defensive rebound, basket or turnover.
- All defenses must be man to man. Zone defenses are not allowed.
- A (5) second violation in the lane will be enforced.
- There will be no three point shot awarded.
- Free throws will be shot from the 1<sup>st</sup> line in front of the normal free throw line.
- Tied games will remain a tie; no overtime.
- Player substitutions may only be made following a stop in play. Players or coaches must inform the scorekeeper of any substitutions. Players may enter the game when the substitution is recognized by the referee.
- Unsportsmanlike conduct may be called on any player, coach or fan. This will result in a technical foul. Examples: swearing, throwing the ball, arguing a previous call, etc.
- Every player must play minimum of (12) minutes per game, which is half a game. The only exceptions to this rule will be if a player fouls out, ejected from a game, shows up late for a game or for player personal reasons.