

DeKalb Park District Youth Basketball

5th/6th Grade League Rules

- Games will consist of two (15) minute halves. Halftime will be (3) minutes long.
- Each team will have (2) time-outs per half. Time-outs will not carry over to the second half.
- The clock will stop for all whistles.
- One and one foul shooting will be in effect on the 7th team foul.
- Each player will be allowed (5) fouls. If a player fouls out, leaving his/her team with only (4) players, that player may re-enter the game. If that player commits any further fouls, the opposing team will shoot (2) free throws regardless of the type of foul. Only the last player to foul out may re-enter.
- All defenses must be man to man. Zone defenses are not allowed.
- A press defense is allowed from underneath the basket, where the ball is put into play by the offensive team, to the midcourt line. Once a team has established team control with the ball across the midcourt line, the defense must be man to man. A press defense is only allowed in the second half of the game and when the winning team has the lead of less than (10) points. The losing team may press at anytime in the second half of the game.
- The three seconds violation and the double dribble violation will be enforced.
- There will be no (3) point shots awarded.
- Tied games will remain a tie; no overtime.
- Player substitutions may only be made following a stop in play. Players or coaches must inform the scorekeeper of any substitutions. Players may enter the game when the substitution is recognized by the referee.
- Unsportsmanlike conduct may be called on any player, coach or fan. This will result in a technical foul. Examples: swearing, throwing the ball, arguing a previous call, etc.
- Every player must play minimum of (15) minutes per game, which is half a game. The only exceptions to this rule will be if a player fouls out, is ejected from a game, shows up late for a game or for player personal reasons.

